

The Top 10 Positive Emotions



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I would like to introduce the top *10 POSITIVE EMOTIONS* to you.
There are some quotes to each of them which can highlight their meaning.

Think about each Positive Emotion and try to create **YOUR OWN QUOTE**. You are unique in your own way.
As an author of **YOUR QUOTES** you can **INSPIRE** yourself and others, too.
I will be happy if you share them with me. And now find a cozy place to read and enjoy.



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JOY

“Joy is portable, bring it with you”.

Unknown

“Focus on the journey, not the destination. Joy is found not in finishing an activity but in doing it”

Greg Anderson

“Joy is not in things, joy is in us”.

Richard Wagner

PLACE FOR YOUR QUOTE:



GRATITUDE

“Nothing new can come into your life unless you are grateful for what you already have”.

Michael Bernhard

“Feeling Gratitude and not expressing it, is like wrapping a present and not giving it”.

William Ward

“Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow”.

Melody Beattie

PLACE FOR YOUR QUOTE:



SERENITY

“Please, don’t come my way with your negativity. I am living my life in serenity”.

Marisia Rodrigues

“I think that the ideal space must contain elements of magic, serenity, sorcery and mystery”.

Luis Barragan

“Cultivate a sense of serenity wherever you go”.

Rambling with Rose

PLACE FOR YOUR QUOTE:



INTEREST

“The true secret of happiness lies in taking a genuine interest in all the details of daily life”.

William Morris

“The force of passion is balanced by force of interest!”

Jose Marti

“Find something you're passionate about and keep tremendously interested in it”.

Julia Child

PLACE FOR YOUR QUOTE:



HOPE

“Hope is the only bee that makes honey without flowers”.

Robert Green Ingersoll

“I find hope in the darkest of days, and focus in the brightest. I do not judge the universe”.

Dalai Lama

*“My great hope is to laugh as much as I cry; to get my work done and try to love somebody
And have the courage to accept the love in return”.*

Maya Angelou

PLACE FOR YOUR QUOTE:



PRIDE

“Show class, have pride, and display character. If you do, winning takes care of itself”.

Paul Bryant

*“By building relations we create a source of love and personal pride
and belonging that makes living in a chaotic world easier”.*

Susan Lieberman

“Quality is pride of workmanship.”

Edwards Deming

PLACE FOR YOUR QUOTE:



AMUSEMENT

“Let us read and let us dance, these two amusements will never do any harm to the world”.

Voltaire

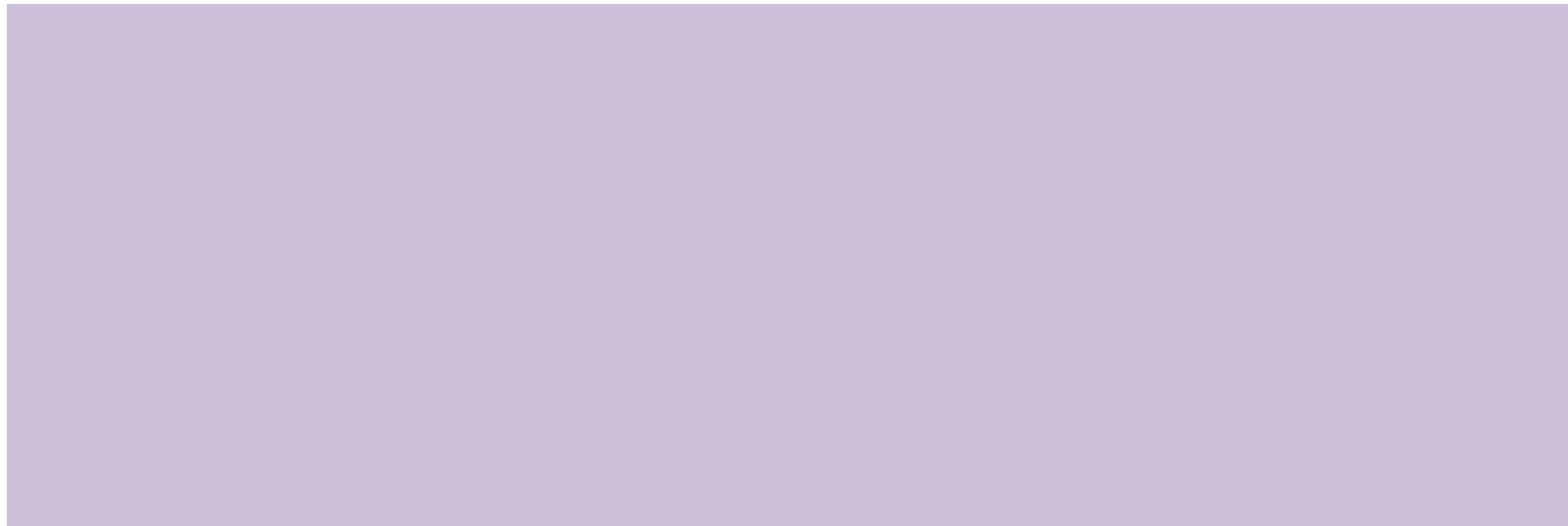
*“Be like a kid in an amusement park. Enjoy the rides. Eat the funnel cake. Try everything at least once.
Do the rides you love AGAIN and AGAIN. Beg for more. Live it to the fullest”.*

Katja Presnal

“The mind ought sometimes to be diverted, that it may return the better to thinking”.

Phaedrus

PLACE FOR YOUR QUOTE:



INSPIRATION

“Inspiration is a feeling that cannot be resisted. Inspiration energizes you. Inspiration provokes greatness”.

Elise Cohen

“Inspiration exists but it has to find you working”.

Pablo Picasso

“To be inspired is great, to inspire is incredible”.

Unkown

PLACE FOR YOUR QUOTE:



AWE

“He who can no longer pause to wonder and stand rapt in AWE, is as good as dead. His eyes are closed”.

Albert Einstein

“If you can't be in awe of Mother Nature, there's something wrong with you”.

Alex Trebek

“Awe consumes any brand that ignites it.”

Wiz Kalifa

PLACE FOR YOUR QUOTE:



LOVE

“Love is a great beautifier.”

Louisa May Alcott

“Love has no age, no limit; and no death”.

John Galsworthy

“We love because it's the only true adventure”.

Nikki Giovanni

PLACE FOR YOUR QUOTE:



Have you been able to create your quotes?

If not, try it later. Employ the little creative girl hidden in you. She would be happy to play again.



I am looking forward to your created quotes.

Agnes



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